THE J.M. SMUCKER Co

Blueberry Oat Muffins

Prep Time	Cook Time	Serves	Difficulty
15 mins	25 mins	12	N/A

Ingredients

- 1 cup (250 mL) **Robin Hood®** Oats
- 1 cup (250 mL) buttermilk or sour milk
- 1 cup (250 mL) **Five Roses®** All Purpose Bleached White Flour

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- 1 tsp (5 mL) baking powder
- 1/2 tsp (2 mL) baking soda
- 1/2 tsp (2 mL) salt
- 3/4 cup (175 mL) brown sugar, packed
- 1 egg, beaten
- 1/4 cup (50 mL) butter, melted
- 1 cup (250 mL) blueberries

Directions

Step 1:

Preheat oven to 375°F (190°C). Line 12 muffins cups with paper liners or spray with a non-stick spray.

Step 2:

Combine oats and buttermilk. Let stand.

Step 3:

Combine next 5 dry ingredients in mixing bowl. Stir well to blend.

Step 4:

Add egg and melted butter to oat mixture. Mix well. Add to dry ingredients, stirring just until moistened.

Step 5:

Gently fold in blueberries. Fill prepared muffin cups.

Step 6:

Bake in pre-heated oven for 20-25 minutes, or until top springs back when lightly touched.

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